BUILDING



2021 - 2022 Scoring Rubric

The below divisions will utilize the following rubrics:

- L1: Tiny, Mini, Youth, Junior & Senior International: U17 & U19
- L2: Mini, Youth, Junior & Senior International: U17 & U19
- L3: Youth, Junior & Senior International: U17 & U19
- L4: Youth, Junior, Senior & Senior Open International: U17, U17 Coed, U19 & Open
- L4.2: Senior

L6:

- L5: Youth, Junior, Senior & Senior Open
 - Junior & Junior Coed

2021 - 2022 ALL STAR SCORING SYSTEM - BUILDING

STUNT DIFFICULTY STUNT SKILLS WILL ONLY RECEIVE FULL CREDIT IF THEY SHOW CONTROL THROUGH THE PO OR TRANSITION TO ANOTHER SKILL.				
2.0 - 2.5	BELOW	Skills performed do not meet Low range requirement		
2.5 - 3.0	LOW	4 different level appropriate skills performed by Most of the team		
3.0 - 3.5	MID	4 different level appropriate skills performed by Most of the team, 1 of which is Elite level appropriate		
3.5 - 4.0	5 - 4.0 HIGH 4 different level appropriate skills performed by Most of t 2 of which are Elite level appropriate			

DIFFICULTY DRIVERS

Degree of difficulty

· Percent of team participation (Maximizing stunt groups based on the number of athletes)

- Combination of skills (level and non-level appropriate)
- Pace of skills performed

BASED 0	STUNT QUANTITY BASED ON A TRADITIONAL GROUP OF 4 OR MORE, RIPPLED OR SYNCHRONIZED IN THE SAMI SECTION WITHOUT RECYCLING ATHLETES.				
1.0	Less than a Majority of the team performs a level appropriate building skill				
1.2	Majority of the team performs a level appropriate building skill				
1.4	Most of the team performs a level appropriate building skill				
1.6	Less than a Majority of the team performs the same Elite level appropriate building skill				
1.8	Majority of the team performs the same Elite level appropriate building skill				
2.0	Most of the team performs the same Elite level appropriate building skill				

BUILDING QUANTITY

CHART			
# OF	NUMBER OF GROUPS		
ATHLETES	MAJORITY	MOST	
5 - 11	1	1	
12 - 15	1	2	
16 - 19	2	3	
20 - 23	3	4	
24 - 30	4	5	
31 - 38	5	6	

PYRAMID DIFFICULTY

2.0 - 2.5	BELOW	Skills performed do not meet Low range requirement
2.5 - 3.0	LOW	2 different level appropriate skills and 2 structures performed by Most of the team
3.0 - 3.5	MID	3 different level appropriate skills and 2 structures performed by Most of the team
3.5 - 4.0	HIGH	4 different level appropriate skills and 2 structures performed by Most of the team

TOSS	TOSS DIFFICULTY				
1.0 Less than a Majority of the team performs a toss					
1.5	Majority of the team performs a level appropriate toss				
2.0	Majority of the team performs a level appropriate toss rippled or synchronized in the same section				

Same Section - Single portion of the routine where skills from a skill set (Stunts, Pyramids, Tosses, Standing Tumbling, Running Tumbling, Jumps) are performed.

ADDITIONAL INFORMATION

Skills that are not required to be synchronized may be cumulative to meet a difficulty requirement.

L6- All pyramid skills that are Level Appropriate in L5 will be given Level Appropriate credit.

BODY POSITIONS

· Lib and platform are not considered body positions.

• Body positions include: Stretch, bow and arrow, arabesque, scale, scorpion.

The below divisions will utilize the following rubrics:

- L3: Senior Coed International: U19 Coed
- L4: Senior Coed International: U19 Coed, Open Coed

L4.2: Senior Coed

L5: Senior Coed, Senior Open Coed

2021 - 2022 Scoring Rubric

2021 - 2022 ALL STAR SCORING SYSTEM - BUILDING

STUNT DIFFICULTY

	STUNT SKILLS WILL ONLY RECEIVE FULL CREDIT IF THEY SHOW CONTROL THROUGH THE POP OR TRANSITION TO ANOTHER SKILL.					
4	2.0 - 2.5	BELOW	Skills performed do not meet Low range requirement			
2	2.5 - 3.0	LOW	4 different level appropriate skills performed by Most of the team			
	3.0 - 3.5	MID	4 different level appropriate skills performed by Most of the team, 1 of which is Elite level appropriate			
		HIGH	4 different level appropriate skills performed by Most of the team, 2 of which are Elite level appropriate			

ADDITIONAL INFORMATION

Skills that are not required to be synchronized may be cumulative to meet a difficulty requirement.

- BODY POSITIONS
- Lib and platform are not considered body positions
 Body positions include: Stretch, bow and arrow, arabesque, scale, scorpion.

DIFFICULTY DRIVERS

- Degree of difficulty
- Percent of team participation (Maximizing stunt groups based on the number of athletes) This includes single based coed style stunts
- Combination of skills (level and non-level appropriate)
- Pace of skills performed

COED QUANTITY - LEVEL 3, 4, 4.2 & 5 SENIOR/INTERNATIONAL/OPEN TEAMS BASED ON A GROUP OF 3, RIPPLED OR SYNCHRONIZED IN THE SAME SECTION WITHOUT RECYCLING ATHLETES. STUNTS MUST BE HELD FOR 4 COUNTS.

	Coed Style ASSISTED - A coed stunt becomes assisted if at any point the spotter touches the base and/or top person, including the dip for the dis- mount. This does not include assisting with the catch of the dismount.	Coed Style UNASSISTED - Top person and base perform without any assistance, including the dip for the dismount. Assisting with the catch of the dismount is allowed.	
0	A zero is assessed when a team: - Doesn't put up the required number of stunts. - Doesn't adhere to Coed Style.		
1.0	Skills that do not meet the 1.2 requirement	N/A	
1.2	Walk in Hands Toss Hands	Skills that do not meet the 1.4 requirement	
1.4	Walk in Hands press Extension Toss Hands press Extension	Walk in Hands Toss Hands	
1.6	Walk in Extension Toss Extension (Level 4 & 5 Only)	Walk in Hands press Extension Toss Hands press Extension	
1.8	Walk in Hands press Extended Single leg stunt Toss Hands press Extended Single leg stunt Walk-in Extended single leg stunt/single arm stunt Toss Extended single leg stunt/single arm stunt (Level 4 & 5 ONLY	Walk in Extension Toss Extension (Level 4 & 5 Only)	
2.0		Walk in Hands press Extended Single leg stunt Toss Hands press Extended Single leg stunt Walk-in Extended single leg stunt/single arm stunt Toss Extended single leg stunt/single arm stunt (Level 4 & 5 ONLY	

BUILDING QUANTITY СНАРТ

CHARI			
# OF	NUMBER OF GROUPS		
ATHLETES	MAJORITY	MOST	
5 - 11	1	1	
12 - 15	1	2	
16 - 19	2	3	
20 - 23	3	4	
24 - 30	4	5	
31 - 38	5	6	

COED QUANTITY CHART # OF MALES ON # OF STUNTS TEAM 1 or More 1

PYRAMID DIFFICULTY

2.0 - 2.5	BELOW	Skills performed do not meet Low range requirement
2.5 - 3.0	LOW	2 different level appropriate skills and 2 structures performed by Most of the team
3.0 - 3.5	MID	3 different level appropriate skills and 2 structures performed by Most of the team
3.5 - 4.0	HIGH	4 different level appropriate skills and 2 structures performed by Most of the team

TOSS DIFFICULTY				
1.0	Less than a Majority of the team performs a toss			
1.5	Majority of the team performs a level appropriate toss			
2.0 Majority of the team performs a level appropriate toss rippled or synchronized in the same section				

Same Section - Single portion of the routine where skills from a skill set (Stunts, Pyramids, Tosses, Standing Tumbling, Running Tumbling, Jumps) are performed.

COED STYLE

Based on a group of 3, Consisting of a Base, Top Person and Spotter.

- The same entry and skill must be used by all groups. If there is a mixture of stunts that are performed, credit will be given to the skill that has the lesser point value.
- Entry must be a Toss or Walk-In.
- Toss Top person starts with both feet on performing surface. Base starts with hands on Top Persons' waist.
- Walk-In Top person and Base start facing each other with one-foot loaded in.
- Base must be directly under the stunt.
- Base and Spotter may not be chest to chest.

TO RECEIVE COED CREDIT

Only skills listed on the coed requirement grid will count for Coed Quantity.

- Rippled or synchronized in the same section without recycling athletes.
- Stunts must be held for 4 counts. These counts will start once the stunt hits the intended level.
- Ex. Toss hands: counts begin when the stunt stops at prep level
- Ex. Toss hands press extension: counts begin when the stunt stops at extended level
- · Coed stunts must dismount /pop off to the performance surface to receive full Coed Quantity credit.

2021 - 2022 ALL STAR SCORING SYSTEM - BUILDING

INVERSION STYLE	RELEASE STYLE	TWISTING	DISMOUNT STYLE	COMBINATION SKILLS
		LEVEL APPROPRIATE		
INVERSION TO GROUND LEVEL	 SWITCH UP TO LIB BELOW PREP LEVEL SWITCH UP TO BODY POSITION BELOW PREP LEVEL TIC TOC BELOW PREP LEVEL (LIB TO LIB) TIC TOC BELOW PREP LEVEL (LIB TO BODY POSITION) 	 % TWISTING TRANSITION TO BELOW PREP LEVEL % DOWN TO GROUND LEVEL % TWISTING TRANSITION FROM PREP LEVEL 	• STEP DOWN • STRAIGHT CRADLE	 BACK STAND PREP LEVEL SHOW & GO STRADDLE SIT FLAT BACK EXTENDED STRADDLE SIT BELOW PREP LEVEL 1 LEG STUNT EXTENDED FLAT BACK PREP LEVEL 1 LEG STUNT WITH BRACER PREP LEVEL TO PRONE 1 LEG STUNT BELOW PREP LEVEL SHOULDER SIT CHAIR SHOULDER STAND COMBINATION OF TWO OR MORE LEVEL APPROPRIATE SKILLS PERFORMED SIMULTANEOUSLY TRANSITION FROM BELOW PREP LEVEL TO PREP LEVE BODY POSITION STUNT WITH BRACER
		ELITE LEVEL APPROPRIATE		
	 TIC TOC BELOW PREP LEVEL (BODY POSITION TO BODY POSITION) PREP LEVEL TIC TOC (BODY POSITION TO BODY POSITION) WITH BRACER 	• ½ TWISTING TRANSITION TO PREP		• ½ TWISTING TRANSITION TO PREP LEVEL 1 LEG STUNT WITH BRACER

LEVEL 1

LEVEL 2

INVERSION STYLE	RELEASE STYLE	TWISTING	DISMOUNT STYLE	COMBINATION SKILLS
		LEVEL APPROPRIATE		
 INVERSION FROM GROUND LEVEL TO BELOW PREP LEVEL INVERSION FROM GROUND LEVEL TO PREP LEVEL 	 SWITCH UP TO LIB PREP LEVEL TIC TOC PREP LEVEL (LIB TO LIB) TIC TOC PREP LEVEL (LIB TO BODY POSITION) 	 ½ TWISTING TRANSITION TO BELOW PREP LEVEL ½ TWISTING TRANSITION TO PREP LEVEL % TWISTING TRANSITION TO PREP LEVEL 1 LEG STUNT ½ TWISTING TRANSITION TO PREP LEVEL BODY POSITION % TWISTING TRANSITION TO EXTENDED STUNT 	STRAIGHT CRADLE FROM EXTENSION STRAIGHT CRADLE FROM PREP LEVEL BODY POSITION ¼ TWISTING DISMOUNT FROM PREP OR EXTENSION	 PREP LEVEL 1 LEG STUNT EXTENSION BARREL ROLL LEAP FROG VARIATIONS ½ TWIST TO PRONE WALK IN PREP LEVEL PRESS EXTENSION COMBINATION OF TWO OR MORE LEVEL APPROPRIATE SKILLS PERFORMED SIMULTANEOUSLY
		ELITE LEVEL APPROPRIATE		
INVERSION FROM GROUND LEVEL TO EXTENDED STUNT	TIC TOC PREP LEVEL (BODY POSITION TO BODY POSITION)	• $\frac{1}{2}$ Twisting transition to extended stunt		 ½ TWISTING INVERSION TO EXTENDED STUNT ½ TWISTING TIC TOC TO PREP LEVEL 1 LEG STUNT ½ TWISTING INVERSION TO PREP LEVEL 1 LEG STUNT

LEVEL 2

NON - TWISTING	TWISTING
STRAIGHT RIDE TOSS	

2021 - 2022 ALL STAR SCORING SYSTEM - STUNTS

LEVEL 3

INVERSION STYLE	RELEASE STYLE	TWISTING	DISMOUNT STYLE	COMBINATION SKILLS	COED STYLE
		LEVEL APF	PROPRIATE		
INVERTED BELOW PREP LEVEL INVERTED AT PREP LEVEL DOWNWARD INVERSION FROM BELOW PREP LEVEL	RELEASE TO PREP LEVEL OR BELOW SWITCH UP TO PREP LEVEL LIB BALL UP, STRADDLE UP AND/OR RELEASE TO PREP LEVEL LIB TIC TOC BELOW PREP LEVEL TO BELOW PREP LEVEL (LIB TO LIB) TIC TOC BELOW PREP LEVEL TO PREP LEVEL (LIB TO LIB)	FULL UP BELOW PREP LEVEL FULL UP PREP LEVEL STUNT X TWISTING TRANSITION TO EXTENDED 1 LEG STUNT FULL UP TO PREP LEVEL 1 LEG STUNT PREP LEVEL FULL TWISTING TRANSITION TO PREP LEVEL 1 LEG STUNT	STRAIGHT CRADLE FROM EXTENDED 1 LEG STUNT FULL DOWN FROM PREP % TWISTING DISMOUNT FROM EXTENDED 1 LEG FULL DOWN FROM EXTENSION SINGLE SKILL CRADLE FROM 2 LEG STUNT (NON-TWISTING)	FULL TWIST TO PRONE FROM PREP LEVEL EXTENDED 1 LEG STUNT SUSPENDED FRONT FLIP SPECIALTY SUSPENDED FRONT FLIP (NON-TWISTING) SUSPENDED TWISTING FRONT FLIP COMBINATION OF TWO OR MORE LEVEL APPROPRIATE SKILLS PERFORMED SIMULTANEOUSLY	TOSS HANDS SINGLE BASED 1 LEG EXTENDED STUNTS TOSS HANDS PAUSE PRESS EXTENSION WALK IN EXTENSION
		ELITE LEVEL A	APPROPRIATE		
INVERSION TO EXTENDED 1 LEG STUNT	TIC TOC PREP LEVEL LIB TO EXTENDED BODY POSITION BALL UP OR STRADDLE UP TO PREP LEVEL BODY POSITION SWITCH UP TO PREP LEVEL BODY POSITION RELEASE TO PREP LEVEL BODY POSITION	FULL UP TO PREP LEVEL BODY POSITION X TWISTING TRANSITION TO EXTENDED 1 LEG STUNT PREP LEVEL FULL TWISTING TRANSITION TO PREP LEVEL BODY POSITION		 ½ TWISTING INVERSION TO EXTENDED 1 LEG STUNT FULL TWISTING TIC TOC AT PREP LEVEL (LIB TO BODY POSITION) 	

LEVEL 3

NON - TWISTING	TWISTING
BALL ARCH • PRETTY GIRL ARCH • PIKE ARCH KICK ARCH • BALL-X • TOE TOUCH	FULL TWIST

LEVEL 4

INVERSION STYLE	RELEASE STYLE	TWISTING	DISMOUNT STYLE	COMBINATION SKILLS	COED STYLE
		LEVEL APP	PROPRIATE		
RELEASED INVERSION TO PREP LEVEL OR BELOW RELEASED INVERSION AT PREP LEVEL TO PREP LEVEL DOWNWARD INVERSION FROM PREP LEVEL EXTENDED INVERTED STUNT	SWITCH UP TO EXTENDED 1 LEG STUNT RELEASE TO EXTENDED STUNT TIC TOC LIB TO LIB (HIGH TO LOW) HELICOPTER RELEASE MOVES RELEASE TO EXTENDED LIB SWITCH UP TO EXTENDED BODY POSITION FULL TWISTING RELEASE TO PREP LEVEL OR BELOW RELEASE FROM PREP LEVEL TO PREP LEVEL	 1 ½ TWISTING TRANSITION TO BELOW PREP LEVEL ¾ TWISTING TRANSITION TO EXTENDED STUNT FULL UP TO EXTENDED 2 LEG STUNT 1 ½ TWISTING TRANSITION TO PREP LEVEL 1 ½ TWISTING TRANSITION TO PREP LEVEL 1 LEG STUNT 	FULL DOWN FROM EXTENDED 1 LEG STUNT DOUBLE DOWN FROM PREP LEVEL KICK FULL TWISTING DISMOUNT	COMBINATION OF TWO OR MORE LEVEL APPROPRIATE SKILLS PERFORMED SIMULTANEOUSLY	TOSS EXTENSION TOSS 1 LEG EXTENDED STUNT
		ELITE LEVEL A	APPROPRIATE		
RELEASED INVERSION FROM BELOW PREP LEVEL TO EXTENDED STUNT	 TIC TOC EXTENDED BODY POSITION TO PREP LEVEL OR BELOW BODY POSITION (HIGH TO LOW) BALL UP OR STRADDLE UP TO EXTENDED BODY POSITION RELEASE TO EXTENDED BODY POSITION (NOT INCLUDING SWITCH UP) 	 FULL UP TO EXTENDED LIB (NOT BODY POSITION) 1 ½ TWISTING TRANSITION TO PREP LEVEL BODY POSITION EXTENDED FULL TWISTING TRANSITION TO EXTENDED STUNT 	DOUBLE DOWN FROM EXTENDED STUNT	FULL TWISTING INVERSION TO EXTENDED STUNT FULL TWISTING TIC TOC RELEASE TO PREP LEVEL 1 LEG STUNT FULL TWISTING BALL UP, STRADDLE UP AND/OR SWITCH UP TO PREP LEVEL BODY POSITION 1 ½ TWISTING BALL UP, STRADDLE UP AND/OR SWITCH UP TO PREP LEVEL 1 LEG STUNT	

LEVEL 4

NON - TWISTING	TWISTING
BALL KICK • PIKE-X • HITCH KICK • SWITCH KICK • DOUBLE TOE TOUCH	BALL FULL • PIKE FULL • KICK FULL TOE TOUCH FULL • FULL UP TOE TOUCH • DOUBLE FULL

9.1.21

AS-DIV1

2021 - 2022 ALL STAR SCORING SYSTEM - STUNTS

		LEV	EL 5		
INVERSION STYLE	RELEASE STYLE TWISTING DISMOUNT STYLE COMBI		COMBINATION SKILLS	COED STYLE	
		LEVEL APF	PROPRIATE		
 DOWNWARD INVERSION FROM EXTENDED STUNT DOWNWARD INVERSION FROM EXTENDED 1 LEG STUNT RELEASED INVERSION FROM PREP LEVEL TO EXTENSION 	 ½ TWIST SWITCH UP TO EXTENDED 1 LEG STUNT TIC TOC LIB TO LIB (HIGH TO HIGH) TIC TOC LIB TO LIB (LOW TO HIGH) ½ TURN SWITCH UP TO EXTENDED 1 LEG STUNT TIC TOC LIB TO BODY POSITION (LOW TO HIGH) TWISTING HELICOPTER RELEASE MOVES 	 1 ¼ UP TO EXTENDED STUNT DOUBLE UP TO PREP LEVEL STUNT 		 1½ - 2 TWIST TO PRONE COMBINATION OF TWO OR MORE LEVEL APPRO- PRIATE SKILLS PERFORMED SIMULTANEOUSLY 	TOSS ¼ - ¾ TWIST TO EXTENDED STUNT TOSS EXTENDED 1 ARM STUNT TOSS FULL TWIST TO EXTENDED STUNT
		ELITE LEVEL #	APPROPRIATE		
RELEASED INVERSION FROM PREP LEVEL OR ABOVE TO EXTENDED 1 LEG STUNT	 TIC TOC EXTENDED 1 LEG STUNT TO BODY POSITION (HIGH TO HIGH) SWITCH UP FULL TWIST TO EXTENDED 1 LEG STUNT ½ TWISTING BALL UP TO EXTENDED BODY POSITION 	FULL UP TO EXTENDED BODY POSITION 1 ½ UP TO EXTENDED STUNT	DOUBLE DOWN FROM EXTENDED 1 LEG STUNT	 % - % TWISTING TIC TOC TO EXTENDED 1 LEG STUNT FULL TWISTING TIC TOC TO EXTENDED 1 LEG STUNT (LOW TO HIGH) 	UNASSISTED COED STYLE TOSS EXTENDED 1 ARM STUNT
LEVEL 5					

NON - TWISTING	TWISTING
PIKE HITCH KICK • PIKE KICK PRETTY GIRL	HITCH KICK FULL • SWITCH KICK FULL • KICK KICK FULL • PIKE KICK FULL
PIKE SWITCH KICK • HITCH KICK KICK	KICK FULL KICK

JUNIOR LEVEL 6

INVERSION STYLE	RELEASE STYLE	TWISTING	DISMOUNT STYLE	COMBINATION SKILLS	COED STYLE
	LEVEL APPROPRIATE				
 DOWNWARD INVERSION FROM EXTENDED STUNT DOWNWARD INVERSION FROM EXTENDED 1 LEG STUNT RELEASED INVERSION FROM PREP LEVEL OR ABOVE TO EXTENSION RELEASED INVERSION FROM PREP LEVEL OR ABOVE TO LIB 	STUNT DOWNWARD INVERSION FROM EXTENDED 1 LEG STUNT RELEASED INVERSION FROM PREP LEVEL OR ABOVE TO EXTENSION RELEASED INVERSION FROM PREP LEVEL SWITCH UB EILI I TWIST TO EXTENSED 1 LEG SWITCH UB EILI I TWIST TO EXTENSED 1 LEG SWITCH UB EILI I TWIST TO EXTENSED 1 LEG		DOUBLE DOWN FROM 1 LEG STUNT	1 ½ - 2 TWIST TO PRONE *¾ TWISTING TIC TOC TO EXTENDED 1 LEG STUNT COMBINATION OF TWO OR MORE LEVEL APPROPRIATE SKILLS PERFORMED SIMULTANEOUSLY	• COED STYLE TOSS %-% TWIST TO EXTENDED STUNT
		ELITE LEVEL /	APPROPRIATE		
RELEASED INVERSION FROM PREP LEVEL OR ABOVE TO EXTENDED BODY POSITION	SWITCH UP FULL TWIST TO EXTENDED BODY POSITION TIC TOC BODY POSITION TO BODY POSITION (HIGH TO HIGH) FULL TWISTING BALL UP TO EXTENDED BODY POSITION 1½ TWISTING SWITCH UP TO EXTENDED 1 LEG STUNT	1 ½ UP TO EXTENDED BODY POSITION 1 ½ UP TO EXTENDED BODY POSITION DOUBLE UP TO EXTENDED 1 LEG STUNT	KICK DOUBLE TWISTING DISMOUNT	 FULL TWISTING TIC TOC TO EXTENDED 1 LEG STUNT (HIGH TO HIGH) ½ TWISTING RELEASED INVERSION TO EXTENDED STUNT FULL TWISTING TIC TOC TO EXTENDED 1 LEG STUNT (LOW TO HIGH) 	UNASSISTED COED STYLE TOSS EXTENDED 1 ARM STUNT ODED STYLE TOSS FRONT HANDSPRING RELEASE ½ TWIST TO EXTENDED STUNT UNASSISTED COED STYLE TOSS FULL TWIST TO EXTENDED STUNT TOSS FRONT HANDSPRING ½ UP RELEASE TO EXTENDED STUNT
JUNIOR LEVEL 6					

 NON - TWISTING
 TWISTING

 PIKE HITCH KICK • PIKE KICK PRETTY GIRL
 BALL DOUBLE FULL • PIKE DOUBLE FULL • KICK DOUBLE FULL

 PIKE SWITCH KICK • HITCH KICK KICK
 BALL DOUBLE FULL • DOUBLE FULL • KICK DOUBLE FULL

 SWITCH KICK • HITCH KICK KICK
 BALL DOUBLE FULL • DOUBLE FULL • KICK DOUBLE FULL

This document includes examples of level appropriate skills. Coaches are still responsible for ensuring that any skills performed in their routine are compliant with the USASF Safety Rules. Please check back as this document may be updated throughout the season.

AS-DIV1

The below divisions will utilize the following rubrics:

L6: Senior XSmall, Senior Small, Senior Medium, Senior Large, Senior Open, International Open, International Open NT & International Global

L7: International Open

2021 - 2022 Scoring Rubric

2021 - 2022 ALL STAR SCORING SYSTEM - BUILDING LEVEL 6 & 7 WORLDS - ALL GIRL

STUNT S	STUNT DIFFICULTY STUNT SKILLS WILL ONLY RECEIVE FULL CREDIT IF THEY SHOW CONTROL THROUGH THE PO OR TRANSITION TO ANOTHER SKILL.				
2.0 - 2.5	BELOW	Skills performed do not meet Low range requirement			
2.5 - 3.0	LOW	4 different level appropriate skills performed by Most of the team, 2 of which are Elite level appropriate			
3.0 - 3.5	MID	4 different level appropriate skills performed by Most of the team, 3 of which are Elite level appropriate			
3.5 - 4.0	HIGH	4 different Elite level appropriate skills performed by Most of the team			

ADDITIONAL INFORMATION

For Level 7 Stunts: All Level 6 & 7 Level appropriate skills will be considered Level Appropriate for scoring purposes (at least 2 different Level 7 skills are required to score in High range).

L6- All pyramid skills that are Level Appropriate in L5 will be given Level Appropriate credit.

Skills that are not required to be synchronized may be cumulative to meet a difficulty requirement.

BODY POSITIONS

• Lib and platform are not considered body positions

Body positions include: Stretch, bow and arrow, arabesque, scale, scorpion.

DIFFICULTY DRIVERS

· Degree of difficulty

• Percent of team participation (Maximizing stunt groups based on the number of athletes)

· Combination of skills (level and non-level appropriate)

· Pace of skills performed

BUILDING QUANTITY

NUMBER OF GRO	OUPS
ATHLETES MAJORITY M	IOST
5-11 1	1
12 - 15 1	2
16 - 19 2	3
20 - 23 3	4
24 - 30 4	5
31-38 5	6

PYRAMID DIFFICULTY

2.0 - 2.5	BELOW	Skills performed do not meet Low range requirement
2.5 - 3.0	LOW	2 different level appropriate skills and 2 structures performed by Most of the team
3.0 - 3.5	MID	3 different level appropriate skills and 2 structures performed by Most of the team
3.5 - 4.0	HIGH	4 different level appropriate skills and 2 structures performed by Most of the team

TOSS	TOSS DIFFICULTY				
1.0	Less than a Majority of the team performs a toss				
1.5	Majority of the team performs a level appropriate toss				
2.0	Majority of the team performs a level appropriate toss rippled or synchronized in the same section				
Same Section - Single portion of the routine where skills from a skill set (Stunts, Pyramids, Tosses, Standing Tumbling, Running Tumbling, Jumps) are performed.					

STUNT DIVISION EXPECTATIONS

MUST BE PERFORMED BY GROUPS OF 3 OR MORE ATHLETES. RIPPLED OR SYNCHRONIZED IN THE SAME SECTION WITHOUT RECYCLING ATHLETES.

	X SMALL (5-16)		SMALL (17-22)		MEDIUM (23-30) & International Non-Tumbling (10-30)		LARGE (31-38)		INTERNATIONAL OPEN/GLOBAL (10-24) & Senior Open (5-24)	
		1.0	1-2 groups perform a level appropriate skill	1.0	1-4 groups perform a level appropriate skill	1.0	1-6 groups perform a level appropriate skill	1.0	1-3 groups perform a level appropriate skill	
1.2	1 group perform a level appropriate skill	1.2	3 groups perform a level appropriate skill	1.2	5 groups perform a level appropriate skill	1.2	7 groups perform a level appropriate skill	1.2	4 groups perform a level appropriate skill	
1.4	2 groups perform a level appropriate skill	1.4	4 groups perform a level appropriate skill	1.4	6 groups perform a level appropriate skill	1.4	8 groups perform a level appropriate skill	1.4	5 groups perform a level appropriate skill	
1.6	3 groups perform a level appropriate skill	1.6	5 groups perform a level appropriate skill	1.6	7 groups perform a level appropriate skill	1.6	9 groups perform a level appropriate skill	1.6	6 groups perform a level appropriate skill	
1.8	2 groups perform an ELITE level appropriate skill	1.8	4 groups perform an ELITE level appropriate skill	1.8	6 groups perform an ELITE level appropriate skill	1.8	8 groups perform an ELITE level appropriate skill	1.8	5 groups perform an ELITE level appropriate skill	
2.0	3 groups perform an ELITE level appropriate skill	2.0	5 groups perform an ELITE level appropriate skill	2.0	7 groups perform an ELITE level appropriate skill	2.0	9 groups perform an ELITE level appropriate skill	2.0	6 groups perform an ELITE level appropriate skill	

2021 - 2022 Scoring Rubric

The below divisions will utilize the following rubrics:

- L6: Senior XSmall Coed, Senior Small Coed, Senior Medium Coed, Senior Large Coed, Senior Open Small Coed, Senior Open Large Coed, International Open Coed NT, International Open Small Coed, International Open Large Coed & International Global Coed
- L7: International Open Small Coed & International Open Large Coed

2021 - 2022 ALL STAR SCORING SYSTEM - BUILDING LEVEL 6 & 7 WORLDS - COED

STUNT DIFFICULTY

STUNT SKILLS WILL ONLY RECEIVE FULL CREDIT IF THEY SHOW CONTROL THROUGH THE POP OR TRANSITION TO ANOTHER SKILL.

2.0 - 2.5	BELOW	Skills performed do not meet Low range requirement
2.5 - 3.0	LOW	4 different level appropriate skills performed by Most of the team, 2 of which are Elite level appropriate
3.0 - 3.5	MID	4 different level appropriate skills performed by Most of the team, 3 of which are Elite level appropriate
3.5 - 4.0	HIGH	4 different Elite level appropriate skills performed by Most of the team

ADDITIONAL INFORMATION

For Level 7 Stunts: All Level 6 & 7 level appropriate skills will be considered Level Appropriate for scoring purposes (at least 2 different Level 7 skills are required to score in High range).

L6- All pyramid skills that are Level Appropriate in L5 will be given Level Appropriate credit.

Skills that are not required to be synchronized may be cumulative to meet a difficulty requirement.

BODY POSITIONS

 Lib and platform are not considered body positions

1	· Lib and platform are not considered body positions.
	 Body positions include: Stretch, bow and arrow, arabesque, scale, scorpion.

DIFFICULTY DRIVERS

· Degree of difficulty

Percent of team participation (Maximizing stunt groups based on the number of athletes)

- This includes single based coed style stunts
- Combination of skills (level and non-level appropriate)
 Pace of skills performed

COED QUANTITY - LEVEL 6 & 7 SENIOR/INTERNATIONAL WORLDS TEAMS

BASED ON A GROUP OF 3, RIPPLED OR SYNCHRONIZED IN SAME SECTION WITHOUT RECYCLING ATHLETES. STUNTS MUST BE HELD FOR 4 COUNTS.

	Coed Style ASSISTED - A coed stunt becomes assisted if at any point the spotter touches the base and/or top person, including the dip for the dismount. This does not include assisting with the catch of the dismount.	Coed Style UNASSISTED - Top person and base perform without any assistance, including the dip for the dismount. Assisting with the catch of the dismount is allowed.	
0	A zero is assessed when a team: - Doesn't put up the required number of stunts. - Doesn't adhere to Coed Style.		
1.0	Skills performed that do not meet the 1.2 requirement	N/A	
1.2	Walk-in Extended Double Leg Stunt Toss Extended Double Leg Stunt	Skills performed that do not meet the 1.4 requirement	
1.4	Walk-in Hands press Extended Single Leg Stunt Toss Hands press Extended Single Leg Stunt	Walk-in Extended Double Leg Stunt Toss Extended Double Leg Stunt	
1.6	Toss Extended Single Leg Stunt Walk-in Extended Single Leg Stunt	Walk-in Hands press Extended Single Leg Stunt Toss Hands press Extended Single Leg Stunt	
1.8	Toss Extended Single Arm Stunt Toss Full up to Extended Stunt Toss Front Handspring 1/2 up to Extended stunt Rewind to Extended Stunt (Level 6 & 7 Int. Only)	Walk-in Extended Single Leg Stunt	
2.0	N/A	Toss Extended Single Leg Stunt Toss Extended Single Arm Stunt Toss Full up to Extended Stunt Toss Front Handspring 1/2 up to Extended Stunt Rewind to Extended Stunt (Level 6 & 7 Int. Only)	

BUILDING QUANTITY

# OF	NUMBER OF GROUPS		
ATHLETES	MAJORITY	MOST	
5 - 11	1	1	
12 - 15	1	2	
16 - 19	2	3	
20 - 23	3	4	
24 - 30	4	5	
31 - 38	5	6	

COED QUANTITY CHART		
# OF MALES ON TEAM	# OF STUNTS	
1-3	1	
4 - 5	2	
6 - 7	3	
8 - 9	4	
10 - 11	5	
12 - 13	6	
14 - 19	7	

PYRAMID DIFFICULTY

2.0 - 2.5	BELOW	Skills performed do not meet Low range requirement
2.5 - 3.0	LOW	2 different level appropriate skills and 2 structures performed by Most of the team
3.0 - 3.5	MID	3 different level appropriate skills and 2 structures performed by Most of the team
3.5 - 4.0	HIGH	4 different level appropriate skills and 2 structures performed by Most of the team

TOSS	TOSS DIFFICULTY				
1.0	Less than a Majority of the team performs a toss				
1.5	Majority of the team performs a level appropriate toss				
2.0	Majority of the team performs a level appropriate toss rippled or synchronized in the same section				

Same Section - Single portion of the routine where skills from a skill set (Stunts, Pyramids, Tosses, Standing Tumbling, Running Tumbling, Jumps) are performed.

COED STYLE

Based on a group of 3, Consisting of a Base, Top Person and Spotter.

- The same entry and skill must be used by all groups. If there is a mixture of stunts that are performed, credit will be given to the skill that has the lesser point value.
 Entry must be a Toss or Walk-In.
- Toss Top person starts with both feet on performing surface. Base starts with hands on Top Persons' waist.
- Walk-In Top person and Base start facing each other with one-foot loaded in.
- Base must be directly under the stunt.
- · Base and Spotter may not be chest to chest.

TO RECEIVE COED CREDIT

- Only skills listed on the coed requirement grid will count for Coed Quantity.
- Rippled or synchronized in the same section without recycling athletes.
- Stunts must be held for 4 counts. These counts will start once the stunt hits the intended level.
- Ex. Toss hands: counts begin when the stunt stops at prep level
- Ex. Toss hands press extension: counts begin when the stunt stops at extended level $% \left[{\left[{{{\rm{e}}} \right]_{{\rm{e}}}} \right]_{{\rm{e}}}} \right]$
- Coed stunts must dismount /pop off to the performance surface to receive full Coed Quantity credit.

2021 - 2022 ALL STAR SCORING SYSTEM - BUILDING

INVERSION STYLE	RELEASE STYLE	TWISTING	DISMOUNT STYLE	COMBINATION SKILLS	COED STYLE
		LEVEL APF	PROPRIATE		
 DOWNWARD INVERSION FROM EXTENDED STUNT DOWNWARD INVERSION FROM EXTENDED 1 LEG STUNT RELEASED INVERSION FROM PREP LEVEL OR ABOVE TO EXTENSION RELEASED INVERSION FROM PREP LEVEL OR ABOVE TO LIB 	 ½ TURN SWITCH UP TO EXTENDED 1 LEG STUNT TIC TOC LIB TO LIB (HIGH TO HIGH) TIC TOC LIB TO LIB (LOW TO HIGH) ½ TURN SWITCH UP TO EXTENDED 1 LEG STUNT TIC TOC LIB TO BODY POSITION (HIGH TO HIGH) TIC TOC LIB TO BODY POSITION (LOW TO HIGH) TIC TOC LIB TO BODY POSITION (LOW TO HIGH) TIC TOC LIB TO BODY POSITION (LOW TO HIGH) TWISTING HELICOPTER RELEASE MOVES SWITCH UP FULL TWIST TO EXTENDED 1 LEG STUNT ½ TWISTING BALL UP TO EXTENDED BODY POSITION REWIND TO PREP LEVEL OR BELOW (INT 6 ONLY) 	 FULL UP TO EXTENDED 1 LEG STUNT 1 ½ · 1 ½ UP TO EXTENDED STUNT 1 ½ · 1 ½ UP TO EXTENDED 1 LEG STUNT DOUBLE UP TO EXTENDED STUNT 	DOUBLE DOWN FROM 1 LEG STUNT	1 ½ - 2 TWIST TO PRONE	COED STYLE TOSS % - % TWIST TO EXTENDED STUNT
		ELITE LEVEL #	APPROPRIATE		
RELEASED INVERSION FROM PREP LEVEL OR ABOVE TO EXTENDED BODY POSITION	 SWITCH UP FULL TWIST TO EXTENDED BODY POSITION TIC TOC BODY POSITION TO BODY POSITION (HIGH TO HIGH) FULL TWISTING BALL UP TO EXTENDED BODY POSITION REWIND TO EXTENDED STUNT (INT 6 ONLY) UNASSISTED REWIND TO EXTENDED STUNT (INT 6 ONLY) 1% TWISTING SWITCH UP TO EXTENDED 1 LEG STUNT 	 1 ½ UP TO EXTENDED BODY POSITION 1 ½ UP TO EXTENDED BODY POSITION DOUBLE UP TO EXTENDED 1 LEG STUNT 	KICK DOUBLE TWISTING DISMOUNT	 FULL TWISTING TIC TOC TO EXTENDED 1 LEG STUNT (HIGH TO HIGH) X TWISTING RELEASED INVERSION TO EXTENDED STUNT FULL TWISTING TIC TOC TO EXTENDED BODY POSITION (LOW TO HIGH) 	UNASSISTED COED STYLE TOSS EXTENDED 1 ARM STUNT COED STYLE TOSS FRONT HANDSPRING RE- LEASE ½ TWIST TO EXTENDED STUNT UNASSISTED COED STYLE TOSS FULL TWIST TO EXTENDED STUNT TOSS FRONT HANDSPRING ½ UP RELEASE TO EXTENDED STUNT

LEVEL 6

LEVEL 6

NON - TWISTING	TWISTING
PIKE HITCH KICK • PIKE KICK PRETTY GIRL PIKE SWITCH KICK • HITCH KICK KICK	BALL DOUBLE FULL • PIKE DOUBLE FULL • KICK DOUBLE FULL TOE TOUCH DOUBLE FULL • DOUBLE UP TOE TOUCH • HITCH KICK DOUBLE FULL SWITCH KICK DOUBLE FULL • KICK FULL KICK FULL

2021 - 2022 ALL STAR SCORING SYSTEM - BUILDING

INVERSION STYLE	RELEASE STYLE	TWISTING	DISMOUNT STYLE	COMBINATION SKILLS	COED STYLE
		LEVEL APF	PROPRIATE		
 FREE FLIPPING FROM GROUND LEVEL TO CRADLE (L7) FLIPPING FROM GROUND LEVEL TO PREP LEVEL (L7) FLIPPING FROM GROUND LEVEL TO EXTEN- SION (L7) DOWNWARD INVERSION FROM EXTENDED STUNT DOWNWARD INVERSION FROM EXTENDED 1 LEG STUNT 	 % TURN SWITCH UP TO EXTENDED 1 LEG STUNT TIC TOC LIB TO LIB (HIGH TO HIGH) TIC TOC LIB TO LIB (LOW TO HIGH) % TURN SWITCH UP TO EXTENDED 1 LEG STUNT TIC TOC LIB TO BODY POSITION (HIGH TO HIGH) TIC TOC LIB TO BODY POSITION (LOW TO HIGH) TIC TOC LIB TO BODY POSITION (LOW TO HIGH) TWISTING HELICOPTER RELEASE MOVES SWITCH UP FULL TWIST TO EXTENDED 1 LEG STUNT % TWISTING BALL UP TO EXTENDED BODY POSITION 	 FREE FLIPPING WITH TWISTING FROM GROUND LEVEL TO CRUELE (L7) FLIPPING RWTH TWISTING FROM GROUND LEVEL TO PREP LEVEL (L7) FLIPPING WITH TWISTING FROM GROUND LEVEL TO EXTENSION (L7) FULL UP TO EXTENDED STUNT 1% - 1% UP TO EXTENDED 5 1 LEG STUNT 100UBLE UP TO EXTENDED 5 TUNT 	 FRONT FREE FLIPPING TO GROUND LEVEL (L7) FREE FLIPPING FROM PREP LEVEL OR BELOW TO CRADLE (L7) FREE FLIPPING WITH TWISTING FROM PREP LEVEL OR BELOW TO CRADLE (L7) DOUBLE DOWN FROM 1 LEG STUNT 	 1½ - 2 TWIST TO PRONE * - ※ TWISTING TIC TOC TO EXTENDED 1 LEG STUNT COMBINATION OF TWO OR MORE LEVEL APPRO- PRIATE SKILLS PERFORMED SIMULTANEOUSLY 	• COED STYLE TOSS ½-¾ TWIST TO EXTENDED STUNT
		ELITE LEVEL #	APPROPRIATE		
FLIPPING FROM GROUND LEVEL TO EX- TENDED SINGLE LEG AND/OR SINGLE ARM STUNT (L7) RELEASED INVERSION FROM PREP LEVEL OR ABOVE TO EXTENDED STUNT (L7)	 SWITCH UP FULL TWIST TO EXTENDED BODY POSITION TIC TOC BODY POSITION TO BODY POSITION (HIGH TO HIGH) FULL TWISTING BALL UP TO EXTENDED BODY POSITION 1½ TWISTING SWITCH UP TO EXTENDED 1 LEG STUNT 	 FLIPPING WITH TWISTING FROM GROUND LEVEL TO EXTENDED SINGLE LEG (L7) 1 ½ UP TO EXTENDED BODY POSITION 1 ½ UP TO EXTENDED BODY POSITION DOUBLE UP TO EXTENDED 1 LEG STUNT 	KICK DOUBLE TWISTING DISMOUNT	 BACKHANDSPRING FULL UP TO EXTENDED STUNT (L7) FRONT HANDSPRING 1½ UP TO EXTENDED STUNT FULL TWISTING TIC TOC TO EXTENDED BODY POSITION (LOW TO HIGH) FRONT HANDSPRING ½ UP TO EXTENDED STUNT 	 UNASSISTED COED STYLE TOSS EXTENDED 1 ARM STUNT COED STYLE TOSS FRONT HANDSPRING RE- LEASE ½ TWIST TO EXTENDED STUNT COED STYLE TOSS FULL TWIST TO EXTENDED STUNT

LEVEL 7

LEVEL 7

NON - TWISTING	TWISTING		
TUCK • X-OUT • PIKE • LAYOUT	LAYOUT FULL • LAYOUT DOUBLE FULL • X-OUT FULL SPLIT FULL • ARABIAN 1 1/2 • PIKE OPEN DOUBLE FULL		

2021 - 2022 ALL STAR SCORING SYSTEM - EXECUTION

EXECUTION - STUNT/PYRAMID & STANDING/RUNNING TUMBLING

Athletes are expected to demonstrate excellent technique when performing each skill. A team's execution will be determined by all athletes performing the skill.
Scores will start at a 4.0 and may be reduced by .1, .2 or .3 based on the lack of technical execution of each driver
.1 - Minor technique issues by the team, not just 1 athlete in Tumbling or 1 athlete in Stunts/Pyramid
.2 - Multiple technique issues by the team
.3 - Widespread technique issues by the team
No more than .3 will be taken off for a single driver.
Stylistic differences will not factor into a teams' Execution score.

STUNT/PYRAMID DRIVERS

4.0

Each driver may include, but is not limited to, the below examples:		
Top Person	 Body control Uniform flexibility Motion placement Legs straight/locked and toes pointed 	
Bases/Spotters	 Stability of the stunt Solid stance Positioned shoulder width apart Feet stationary 	
Transitions	Entries Dismounts Speed/control/flow from skill to skill	
Synchronization*	• Timing	

*Teams that do not perform at least 1 level appropriate skill/transition by 2 or more groups in Stunts and Pyramids will automatically receive .3 off for Synchronization.

STANDING/RUNNING TUMBLING DRIVERS

Each driver may include, but is not limited to, the below examples:

Approach	 Arm placement into a pass/skill Swing/prep Chest placement Flow from skill to skill in a pass Connection of pass/skills
Body Control	 Head placement Arm/shoulder placement in skills Hips Leg placement in skills Pointed toes
Landings	Controlled Legs/feet together Chest placement Finished pass/skill Incomplete twisting skills
Synchronization*	• Timing

*Teams that do not perform at least 1 level appropriate pass synchronized in a group will automatically receive .3 off for Synchronization.

EXECUTION - TOSS & JUMPS

	Athletes are expected to demonstrate excellent technique when performing each skill. A team's execution will be determined by all athletes performing the skill.
2.0	 Scores will start at a 2.0 and may be reduced by .1, .2 or .3 based on the lack of technical execution of each driver .1 - Minor technique issues by the team, not just 1 athlete in Jumps or 1 athlete in Tosses .2 - Multiple technique issues by the team .3 - Widespread technique issues by the team No more than .3 will be taken off for a single driver. Stylistic differences will not factor into a teams' Execution score.

TOSS DRIVERS Each driver may include, but is not limited to, the below examples: Body control · Consistent execution of skill/trick **Top Person** Legs straight/toes pointed Arm placement · Using arms/legs to throw together Solid stance Timing Arms up to catch high **Bases/Spotters** · Legs used to absorb catch · Group positioned no more than shoulder width apart Controlled Cradle Height · Relative to the size of the athletes performing the toss

Teams that only perform 1 toss will automatically receive .3 off for any driver that constitutes a reduction, regardless of the severity of the issue.

JUMP DRIVERS Each driver may include, but is not limited to, the below examples:			
Arm Placement	 Approach Consistent entry Swing/prep Arm position within jump(s) 		
Leg Placement	 Straight legs Pointed toes Hip placement/rotation Hyperextension Height Legs/feet together Chest placement Landings 		
Synchronization	• Timing		

TUMBLING

2021 - 2022 ALL STAR SCORING SYSTEM - TUMBLING

TUMBLING/JUMP

OUANTITY CHART

MOST

4

5

7

9

13

16

18

JUMP DIFFICULTY

JUMPS MUST USE A WHIP APPROACH TO BE CONSIDERED CONNECTED. WHIP APPROACH- CONTINUOUS MOVEMENT THROUGH SWING, CONNECTING 2 OR MORE JUMPS.

0.5	Skills performed do not meet 1.0 requirement	# OF ATHLETES	MAJORITY	
0.0		5 - 7	2	
1.0	Most of the team performs 1 advanced jump	8 - 9	4	
	Most of the team performs 2 connected advanced jumps. Must be synchronized and include a variety.	10 - 15	6	
1.5	Tiny/Mini: Most of the team performs 2 advanced jumps must be synchronized, but DO NOT need to	16 - 19	8	
	be connected or include a variety.	20 - 25	10	
2.0	Most of the team performs 3 connected advanced jumps or 2 connected advanced jumps, plus 1 additional advanced jump. Must be synchronized and include a variety.	26 - 30	14	
2.0	Tiny/Mini: Most of the team performs 3 advanced jumps must be synchronized, but DO NOT need to be connected or include a variety.	31 - 38	15	

STANDING TUMBLING DIFFICULTY

2.0 - 2.5	BELOW	Skills performed do not meet Low range requirement
2.5 - 3.0	LOW	Most of the team performs a level appropriate pass
3.0 - 3.5	MID	Majority of the team performs the same level appropriate pass which must be synchronized from initiation of the pass
3.5 - 4.0	HIGH	Most of the team performs the same level appropriate pass which must be synchronized from initiation of the pass, plus Majority of the team performs an additional level appropriate pass

RUNNING TUMBLING DIFFICULTY

2.0 - 2.5	BELOW	Skills performed do not meet Low range requirement	
2.5 - 3.0	LOW	Less than a Majority of the team performs a level appropriate pass	
3.0 - 3.5	MID	Majority of the team performs a level appropriate pass	
3.5 - 4.0	HIGH	Most of the team performs a level appropriate pass	

DIFFICULTY DRIVERS

- Degree of difficulty
- · Percent of team participation
- Combination of skills
- Synchronization of passes
- Variety of passes

JUMPS

 Variety - at least 2 different jumps. Performing the same jump with different legs doesn't constitute as variety. (i.e. left/right hurdler).

 Jump skills must land on feet to be considered level appropriate and receive difficulty credit (i.e. jumps that land on knee(s) or seat, etc. would not count).

- Basic Jumps: Spread Eagle, Tuck Jump
- Advanced Jumps: Pike, Right/Left Hurdlers (front or side), Toe Touch

STANDING TUMBLING DIFFICULTY

In an effort to reduce the number of Standing Tumbling passes performed in L1-L5 & 6 JR, the following criteria will be used when awarding higher scores within a range:

- Degree of Difficulty of the passes
- Variety of Passes

 Satisfies or exceeds the quantity requirement utilizing grouped or synchronized passes

ADDITIONAL INFORMATION

- L1 L5 & 6 JR Standing Tumbling Same level appropriate synchronized pass cannot be used to fulfill Majority pass requirement.
- Tumbling passes must land on feet to be considered level appropriate and receive difficulty credit (i.e. jump 3/4 front flip to seat, back handsprings which lands in a prone position, etc. would not count).
- Jumps within a pass will not break up the pass (i.e. Toe Touch-BHS-Toe Touch-BHS is 1 pass in L3).
- T-Jumps are not considered a jump and will break up a pass into two separate passes.
- L2- No skills out of a R0 that are ILLEGAL in L1 will count for level appropriate credit.
- L3- No skills out of a BHS step out 1/2 turn that are ILLEGAL in L2 will count for level appropriate credit.
- L4- Punch front forward roll will not count for level appropriate credit.
- L5- No skills out of a Tuck, in Standing Tumbling, that are ILLEGAL in L4 will count for level appropriate credit (i.e. BHS-Tuck-BHS or Tuck-BHS).

2021 - 2022 ALL STAR SCORING SYSTEM - TUMBLING

LEV	'EL 1
STANDING TUMBLING SKILLS	RUNNING TUMBLING SKILLS
FORWARD ROLL • STRADDLE ROLL • HANDSTAND • HANDSTAND FORWARD ROLL • FRONT LIMBER FRONT WALK OVER • CARTWHEEL • BACKWARD ROLL BACK EXTENSION ROLL • PUSH UP TO BACKBEND • STANDING BACKBEND BACKBEND KICK OVER • BACK WALKOVER	CARTWHEEL • FRONT WALKOVER • ROUND OFF • CARTWHEEL BACK WALKOVER FRONT WALKOVER TO CARTWHEEL/ROUND OFF CARTWHEEL 1/2 TURN FRONT WALKOVER • CONNECTED SKILLS -CARTWHEEL/BACK WALKOVER
LEV	'EL 2
STANDING TUMBLING SKILLS	RUNNING TUMBLING SKILLS
STANDING BACK HANDSPRING • BACK HANDSPRING STEP OUT BACK EXTENSION ROLL BACK HANDSPRING • BACK WALKOVER BACK HANDSPRING	CARTWHEEL BHS • ROUND OFF BHS • ROUND OFF BHS STEP OUT ROUND OFF BHS SERIES • FRONT WALKOVER TO ROUND OFF BHS SERIES
LEV	/EL 3
STANDING TUMBLING SKILLS	RUNNING TUMBLING SKILLS
BHS SERIES • JUMP TO BHS • JUMP TO BHS SERIES BHS SERIES JUMP BHS SERIES • BHS STEP OUT BHS COMBO	AERIALS • PUNCH FRONT • ROUND OFF TUCK • ROUND OFF BHS BACK TUCK ROUND OFF BHS SERIES TO BACK TUCK • FRONT WALKOVER TO ROUND OFF BHS BACK TUCK FRONT WALKOVER TO ROUND OFF BHS SERIES BACK TUCK
LEV	/EL 4
STANDING TUMBLING SKILLS	RUNNING TUMBLING SKILLS
STANDING BACK TUCK • BHS BACK TUCK • BHS SERIES TO BACK TUCK JUMP BHS BACK TUCK • JUMP BHS SERIES TO BACK TUCK	CARTWHEEL BACK TUCK • ROUND OFF LAYOUT ROUND OFF BHS LAYOUT/LAYOUT STEPOUT / X-OUT • ROUND OFF BHS SERIES TO LAYOUT FRONT WALKOVER THROUGH TO LAYOUT • PUNCH FRONT STEPOUT TO LAYOUT ROUND OFF BHS WHIP BHS TO LAYOUT PUNCH FRONT STEPOUT TO ROUND OFF BHS WHIP BHS TO BACK TUCK FRONT HANDSPRING PUNCH FRONT FRONT HANDSPRING PUNCH FRONT FRONT HANDSPRING PUNCH FRONT THROUGH TO ROUND OFF BHS BACK TUCK/LAYOUT
LEV	/EL 5
STANDING TUMBLING SKILLS	RUNNING TUMBLING SKILLS
JUMP BACK TUCK • BHS SERIES TO WHIPS AND LAYOUTS • JUMP BHS SERIES TO WHIPS AND LAYOUTS BHS WHIP BHS SERIES TO LAYOUT/LAYOUT STEPOUT/X-OUT	ROUND OFF FULL • ROUND OFF BHS FULL • FRONT WALKOVER THROUGH TO FULL PUNCH FRONT STEPOUT TO FULL • ROUND OFF WHIP BHS TO FULL
JUNIOR	LEVEL 6
STANDING TUMBLING SKILLS	RUNNING TUMBLING SKILLS
JUMP BACK TUCK • STANDING FULL • JUMP FULL • BHS FULL • JUMP BHS FULL • BHS SERIES TO FULL JUMP BHS SERIES TO FULL • BHS WHIP TO BHS SERIES TO FULL • BHS SERIES TO DOUBLE FULL JUMP BHS SERIES TO DOUBLE FULL • BHS WHIP TO BHS SERIES TO DOUBLE FULL	CARTWHEEL FULL • ROUND OFF FULL • ROUND OFF BHS FULL • FRONT WALKOVER THROUGH TO FULL SIDE AERIAL/FRONT AERIAL/ONODI THROUGH TO FULL • FRONT FULL FRONT HANDSPRING FRONT FULL • PUNCH FRONT STEPOUT TO FULL • ROUND OFF BHS WHIP TO FULL ROUND OFF ARABIAN ROUND OFF BHS FULL • ROUND OFF BHS FULL BHS SERIES TO FULL • ROUND OFF DOUBLE FULL ROUND OFF BHS DOUBLE FULL • FRONT WALKOVER THROUGH TO DOUBLE FULL PUNCH FRONT STEPOUT TO DOUBLE FULL • ROUND OFF BHS WHIP TO DOUBLE FULL ROUND OFF ARABIAN ROUND OFF BHS DOUBLE FULL • ROUND OFF BHS WHIP TO DOUBLE FULL PUNCH FRONT STEPOUT TO DOUBLE FULL • ROUND OFF BHS FULL BHS SERIES TO DOUBLE FULL ROUND OFF BHS DOUBLE FULL • ROUND OFF BHS FULL BHS SERIES TO DOUBLE FULL

This document includes examples of level appropriate skills. Coaches are still responsible for ensuring that any skills performed in their routine are compliant with the USASF Safety Rules. Please check back as this document may be updated throughout the season.

2021 - 2022 ALL STAR SCORING SYSTEM - TUMBLING LEVEL 6 & 7 WORLDS

JUMP DIFFICULTY JUMPS MUST USE A WHIP APPROACH TO BE CONSIDERED CONNECTED. WHIP APPROACH- CONTINUOUS MOVEMENT THROUGH SWING, CONNECTING 2 OR MORE JUMPS.				/IBLING/. Antity C		DIFFICULTY DRIVERS
WHIP APP	ROACH- CONT	INUOUS MOVEMENT THROUGH SWING, CONNECTING 2 OR MORE JUMPS.	# OF ATHLETES	MAJORITY	MOST	Degree of difficultyPercent of team participation
0.5	Skills perfor	rmed do not meet 1.0 requirement	5-9	4	5	Combination of skills
			10 - 15	6	7	Synchronization of passes
1.0	Most of the I	team performs 1 advanced jump	16 - 19	8	9	Variety of passes
1.5	Most of the to variety.	eam performs 2 connected advanced jumps. Must be synchronized and include a	20 - 25	10	13	
			26 - 30	14	16	JUMPS
2.0	2.0 Most of the team performs 3 connected advanced jumps or 2 connected advanced jumps, plus 1 additional advanced jump. Must be synchronized and include a variety.		31 - 38	15	18	JUMPS
CTAN				1	1	• Variety - at least 2 different jumps. Performing the same jump with different legs doesn't constitute as variety. (i.e. left/right hurdler).
		VIBLING DIFFICULTY ingle portion of the routine where skills from a skill set are perfo	ORMED.			• lump skills must land an fact to be considered lavel appropriate and
2.0 - 2.5	receive difficulty cred		 Jump skills must land on feet to be considered level appropriate and receive difficulty credit (i.e. jumps that land on knee(s) or seat, etc. would not count). 			
2.5 - 3.0	2.5 - 3.0 LOW Most of the team performs a level appropriate pass			Basic Jumps: Spread Eagle, Tuck Jump		

• Advanced Jumps: Pike, Right/Left Hurdlers (front or side), Toe Touch

ADDITIONAL INFORMATION

- Tumbling passes must land on feet to be considered level appropriate and receive difficulty credit (i.e. jump 3/4 front flip to seat, back handsprings which lands in a prone position, etc. would not count).
- Jumps within a pass will not break up the pass (i.e. Toe Touch BHS Toe Touch BHS Full is 1 pass).
- T-Jumps are not considered a jump and will break up a pass into two separate passes.
- L6 & L7- Standing Tumbling skills ending in a layout that are LEGAL in L5 will not receive level appropriate credit (i.e. BHS-BHS-Layout).

SAIVIE SE	CHON - SI	NGLE FORTION OF THE ROUTINE WHERE SKILLS FROM A SKILL SET ARE PERFORMED.
2.0 - 2.5	BELOW	Skills performed do not meet Low range requirement
2.5 - 3.0	LOW	Most of the team performs a level appropriate pass
3.0 - 3.5	MID	Majority of the team performs an Elite level appropriate pass
3.5 - 4.0	HIGH	Most of the team performs an Elite level appropriate pass in the same section

RUNNING TUMBLING DIFFICULTY 2.0 - 2.5 BELOW Skills performed do not meet Low range requirement 2.5 - 3.0 LOW Majority of the team performs a level appropriate pass 3.0 - 3.5 MID Most of the team performs a level appropriate pass 3.5 - 4.0 HIGH Majority of the team performs an Elite level appropriate pass

2021 - 2022 ALL STAR SCORING SYSTEM - TUMBLING

LEVEL 6 & 7

STANDING TUMBLING SKILLS	RUNNING TUMBLING SKILLS
JUMP BACK TUCK	CARTWHEEL FULL • ROUND OFF FULL • ROUND OFF BHS FULL • FRONT WALKOVER THROUGH TO FULL SIDE AERIAL/FRONT AERIAL/ONODI THROUGH TO FULL • FRONT FULL
ELITE LEVEL APPROPRIATE STANDING FULL • JUMP FULL • BHS FULL • JUMP BHS FULL • BHS SERIES TO FULL JUMP BHS SERIES TO FULL • BHS WHIP TO BHS SERIES TO DOUBLE FULL JUMP BHS SERIES TO DOUBLE FULL • BHS WHIP TO BHS SERIES TO DOUBLE FULL BHS WHIP FULL • BHS WHIP DOUBLE FULL	ELITE LEVEL APPROPRIATE FRONT HANDSPRING FRONT FULL • PUNCH FRONT STEPOUT TO FULL • ROUND OFF BHS WHIP TO FULL ROUND OFF ARABIAN ROUND OFF BHS FULL • ROUND OFF BHS FULL BHS SERIES TO FULL • ROUND OFF DOUBLE FULL ROUND OFF BHS DOUBLE FULL • FRONT WALKOVER THROUGH TO DOUBLE FULL PUNCH FRONT STEPOUT TO DOUBLE FULL • ROUND OFF BHS WHIP TO DOUBLE FULL ROUND OFF ARABIAN ROUND OFF BHS DOUBLE FULL • ROUND OFF BHS FULL BHS SERIES TO DOUBLE FULL ROUND OFF BHS DOUBLE FULL • ROUND OFF BHS FULL BHS SERIES TO DOUBLE FULL ROUND OFF BHS DOUBLE FULL • ROUND OFF BHS FULL • ROUND OFF WHIP FULL ROUND OFF WHIP DOUBLE FULL • ROUND OFF BHS FULL TO WHIP TO DOUBLE FULL

2021 - 2022 ALL STAR SCORING SYSTEM - EXECUTION

2

EXECUTION - STUNT/PYRAMID & STANDING/RUNNING TUMBLING

Athletes are expected to demonstrate excellent technique when performing each skill. A team's execution will be determined by all athletes performing the skill.

- Scores will start at a 4.0 and may be reduced by .1, .2 or .3 based on the lack of technical execution of each driver
- .1 Minor technique issues by the team, not just 1 athlete in Tumbling or 1 athlete in Stunts/Pyramid
 - .2 Multiple technique issues by the team
- .3 Widespread technique issues by the team
- No more than .3 will be taken off for a single driver.
- Stylistic differences will not factor into a teams' Execution score.

STUNT/PYRAMID DRIVERS Each driver may include, but is not limited to, the below examples:		
Top Person	 Body control Uniform flexibility Motion placement Legs straight/locked and toes pointed 	
Bases/Spotters	 Stability of the stunt Solid stance Positioned shoulder width apart Feet stationary 	
Transitions	 Entries Dismounts Speed/control/flow from skill to skill 	
Synchronization*	• Timing	

*Teams that do not perform at least 1 level appropriate skill/transition by 2 or more groups in Stunts and Pyramids will automatically receive .3 off for Synchronization.

STANDING/RUNNING TUMBLING DRIVERS

4.0

Each driver may include, but is not limited to, the below examples:	
Approach	 Arm placement into a pass/skill Swing/prep Chest placement Flow from skill to skill in a pass Connection of pass/skills
Body Control	 Head placement Arm/shoulder placement in skills Hips Leg placement in skills Pointed toes
Landings	Controlled Legs/feet together Chest placement Finished pass/skill Incomplete twisting skills
Synchronization*	• Timing

*Teams that do not perform at least 1 level appropriate pass synchronized in a group will automatically receive .3 off for Synchronization.

EXECUTION - TOSS & JUMPS

Athletes are expected to demonstrate excellent technique when performin	r oook
skill. A team's execution will be determined by all athletes performing the	
 Scores will start at a 2.0 and may be reduced by .1, .2 or .3 based on th technical execution of each driver .1 - Minor technique issues by the team, not just 1 athlete in Jumps or 1 in Tosses .2 - Multiple technique issues by the team .3 - Widespread technique issues by the team No more than .3 will be taken off for a single driver. Stylistic differences will not factor into a teams' Execution score. 	

TOSS DRIVERS Each driver may include, but is not limited to, the below examples: Body control Consistent execution of skill/trick **Top Person** Legs straight/toes pointed Arm placement · Using arms/legs to throw together Solid stance Timing • Arms up to catch high **Bases/Spotters** · Legs used to absorb catch · Group positioned no more than shoulder width apart Controlled Cradle Height · Relative to the size of the athletes performing the toss

Teams that only perform 1 toss will automatically receive .3 off for any driver that constitutes a reduction, regardless of the severity of the issue.

JUMP DRIVERS Each driver may include, but is not limited to, the below examples:		
Arm Placement	 Approach Consistent entry Swing/prep Arm position within jump(s) 	
Leg Placement	Straight legs Pointed toes Hip placement/rotation Hyperextension Height Legs/feet together Chest placement Landings	
Synchronization	• Timing	

OVERALL

2021 - 2022 ALL STAR SCORING SYSTEM - OVERALL

STUNT CREATIVITY		Р١	
	0.5 - 1.0	Stunt skills incorporate visual, unique or innovative ideas. This includes level and non-level appropriate skills. This may include: Entries • Transitions • Dismounts	

PYRAMID CREATIVITY		
010 ±10	Pyramid skills incorporate visual, unique or innovative ideas. This includes level and non-level appropriate skills. This may include: Entries • Transitions • Dismounts	

ROUTINE COMPOSITION		
	A team's ability to demonstrate the following throughout the routine:	
1.0 - 2.0	Precise spacing • Formations • Transitions	
	This also includes innovative, visual and intricate ideas, as well as, any additional skills performed to enhance the overall appeal.	

DANCE		
10-20	A team's ability to demonstrate a high level of energy and entertainment value which may incorporate:	DIFFICULTY: Visual elements • Variety of levels • Formation changes • Footwork • Floorwork • Partner work • Pace
		EXECUTION: Technique • Perfection • Motion Strength/Placement • Synchronization

OVERALL IMPRESSION		
1.0 - 2.0	The judging panel's overall impression of the entire performance encompassing all category areas and including energy, genuine enthusiasm, showmanship, and eye contact. Facial expression will not be considered when scoring this category and teams that wear masks while performing will not be penalized.	
	*Overall Impression will include and take into consideration appropriate athletic impression throughout the routine.	

DEDUCTION SYSTEM

2021 - 2022 ALL STAR SCORING DEDUCTION SYSTEM

10.1.21

Athlete Fall - .05

DROPS TO THE PERFORMANCE SURFACE DURING TUMBLING AND/OR JUMP SKILLS

This includes the following:	This does NOT include the following:
 Hand, hands, or head down in tumbling or jump skills Knee or knees down in tumbling or jump skills Tumbling transitions in and/or out of a building skill 	 An athlete that trips while walking during a transition

Building Bobble - .10

STUNT AND/OR PYRAMID SKILLS THAT ALMOST DROP, BUT ARE SAVED

This includes the following:	This does NOT include the following:
 Base or spotter drops to the performance surface during a building skill Top person sits back onto the base/spotter and is pushed back up into the stunt/skill Lowering of a stunt (not timing issues) i.e. extended position to prep level etc. Single based coed style stunts that drop to a load in position Pyramid skills that would fall without the bracer or bracers support Both feet of the top person come in contact with the performance surface during a cradle (excluding one foot) Drops to the performance surface from a nugget, thigh stand and/or waist level style stunt on to their feet (not timing issues) 	 An omitted skill Drop in body position by top person Excessive movement by bases Balance check by top person Hand or hands of the top person come in contact with the performance surface during a cradle.

Building Fall - .25

DROPS FROM A BUILDING SKILL OR TRANSITION DURING A STUNT AND/OR PYRAMID

This includes the following:	This does NOT include the following:
 Drops to a cradle position Drops to a load in position Drops to a prone position 	 Single based stunts that drop to a coed load in position Dropping from extended position to prep level stunt/skill

Major Building Fall - .50

DROPS TO THE PERFORMANCE SURFACE FROM A STUNT, PYRAMID OR TOSS BY THE TOP PERSON AND/OR THE BASES/SPOTTERS

This includes the following:	This does NOT include the following:
 Multiple bases and/or spotters drop to the performance surface Top person lands on base and/or spotter who drops to the performance surface Single based coed style stunts where the top person lands on performance surface without assistance from bases and/or spotter 	 Top person comes in contact with the performance surface during a transitional-stunt and/or pyramid that is continuous without interruption/stopping Top person is set out of a building skill, transitions, and drops to the performance surface (this includes tripping while walking)

2021 - 2022 ALL STAR SCORING DEDUCTION SYSTEM

RULE VIOLATIONS

BOUNDARY VIOLATIONS - .05

The performance surface is defined as the 42' x 54' competition floor. The competition boundary is defined as the performance surface and any immediate adjacent safety border. A . 05 deduction will be assessed per occurrence for an athlete that makes contact with both feet outside the competition boundary. Stepping on, or just past the white tape is not a boundary violation.

TIME LIMIT VIOLATIONS - .05

Teams that exceed the allotted time by 1 or more seconds are subject to a . 05 deduction. Judges will use a stopwatch/clock to measure the official time. Judges will not issue a deduction until their stopwatch/clock shows a time that exceeds 3 seconds over the allotted time, acknowledging the potential variance caused by human reaction speed and sound system time variations.

Teams that exceed the allotted time per category below will be subject to the deduction:

- All Star Novice 1:30
- All Star Prep 2:00
- All Star Elite & International 2:30
- All Star Non-Tumbling 2:00
- Global Divisions 3:30 (Must adhere to the breakdown below)
 - Cheer: 0:30 seconds (minimum), 0:40 seconds (maximum)
 - 0:20 seconds to move from Cheer to set for music portion
 - 2:30 maximum for music portion

LEGALITY INFRACTIONS

- .05 Tumbling/General Out of Level
- .10 Building Out of Level
- .50 Building Safety Violation
 - If a skill is performed illegally and appears to be inherently dangerous and/or unsafe-regardless of the number of building groups
 - If a skill is missing the number of athletes required to perform that skill legally (ex: not having the number of required catchers for a cradle)

ALL STAR PREP

ALL PREP DIVISIONS

2021 - 2022 Scoring Rubric

2021 - 2022 ALL STAR PREP SCORING SYSTEM - BUILDING

STUNT DIFFICULTY STUNT SKILLS WILL ONLY RECEIVE FULL CREDIT IF THEY SHOW CONTROL THROUGH THE POP OR TRANSITION TO ANOTHER SKILL.			BUILDING QUANTITY CHART			P	PYRAMID DIFFICULTY		
2.0 - 2.5	BELOW	Skills performed do not meet Low range requirement	# OF		NUMBER OF GROUPS) - 2.5 BE	BELOW	Skills performed do not meet Low range requirement
			ATHLETES	MAJORITY	MOST			1.004	2 different level appropriate skills and 2 structures performed
2.5 - 3.0	LOW	4 different level appropriate skills performed by Most of the team	5 - 11	1	1	2.5	5 - 3.0	LOW	by Most of the team
3.0 - 3.5	MID	4 different level appropriate skills performed by Most of the team, 1 of which is Elite level appropriate	12 - 15	1	2	3.0) - 3.5	MID	3 different level appropriate skills and 2 structures performed by Most of the team
DIFF					2				
	DIFFICULTY DRIVERS			2	3		ווסס	IONAL	INFORMATION
 Degree of difficulty Percent of team participation (Maximizing stunt groups based on the number of athletes) Combination of skills (level and non-level appropriate) Pace of skills performed 			20 - 23	3	4	diff Stu trar	ficulty r Int Skill nsition	equireme	y receive full credit if they show control through the pop or
				4	5	• Li	ib and	platform	are not considered body positions. clude: Stretch, bow and arrow, arabesque, scale, scorpion.

2021 - 2022 ALL STAR PREP SCORING SYSTEM - TUMBLING

JUMP DIFFICULTY 0.5 Skills performed do not meet 1.0 requirement			MBLING/J ANTITY CI		
0.5	0.5	Skills performed do not meet 1.0 requirement		MAJORITY	
			5 - 7	2	
1.0	1.0	Most of the team performs 1 advanced jump		4	
			10 - 15	6	
1.5	Most of the team performs 2 advanced jumps.		8		
	1.5	Must be synchronized, but does not need to be connected or include a variety.		10	
			26 - 30	14	

MP ٩RT

MOST

4

5

7

9

13

16

DIFFICULTY DRIVERS

- Degree of difficulty
- · Percent of team participation

Variety - at least 2 different jumps. Performing the same jump with different

Tumbling passes must land on feet to be considered level appropriate and receive difficulty credit (i.e. jump 3/4 front flip to seat, back hand-

springs which lands in a prone position, etc. would not count).

- · Combination of skills
- Synchronization of passes
- · Variety of passes

JUMPS

			 III TV Jump skills must land on feet to be considered level appropriate and 	
STAND	DING T	UMBLING DIFFICULTY	 receive difficulty credit (i.e. jumps that land on knee(s) or seat, etc. would not count). Basic Jumps: Spread Eagle, Tuck Jump 	
				Basic Jumps: Spread Eagle, Tuck Jump
2.0 - 2.5	BELOW	Skills performed do not meet Low range requirement		Advanced Jumps: Pike, Right/Left Hurdlers (front or side), Toe Touch
2.5 - 3.0	LOW	Most of the team performs a level appropriate pass] [
3.0 - 3.5	MID	Majority of the team performs the same level appropriate pass which must be synchronized from initiation of the pass		
				ADDITIONAL INFORMATION

RUNNING TUMBLING DIFFICULTY

2.0 - 2.5	BELOW	.OW Skills performed do not meet Low range requirement	1	• Jumps within a pass will not break up the pass (i.e. Toe Touch-BHS-Toe Touch-BHS is 1 pass in L3).
				 T-Jumps are not considered a jump and will break up a pass into two separate passes.
2.5 - 3.0	LOW	Less than a Majority of the team performs a level appropriate pass		• L2- No skills out of a RO that are ILLEGAL in L1 will count for level appropriate credit.
3.0 - 3.5	MID	Majority of the team performs a level appropriate pass		L3- No skills out of a BHS step out 1/2 turn that are ILLEGAL in L2 will count for level appropriate credit.

2021 - 2022 ALL STAR PREP SCORING SYSTEM - OVERALL

STUNT CREATIVITY				
0.5 - 1.0	Stunt skills incorporate visual, unique or innovative ideas. This includes level and non-level appropriate skills. This may include: Entries • Transitions • Dismounts			

PYRAMID CREATIVITY				
0.0 1.0	Pyramid skills incorporate visual, unique or innovative ideas. This includes level and non-level appropriate skills. This may include: Entries • Transitions • Dismounts			

F	ROUTINE COMPOSITION				
		A team's ability to demonstrate the following throughout the routine:			
	1.0 - 2.0	Precise spacing • Formations • Transitions			
		This also includes innovative, visual and intricate ideas, as well as, any additional skills performed to enhance the overall appeal.			

DANCE	DANCE				
10-20	A team's ability to demonstrate a high level of energy and	DIFFICULTY: Visual elements • Variety of levels • Formation changes • Footwork • Floorwork • Partner work • Pace			
		EXECUTION: Technique • Perfection • Motion Strength/Placement • Synchronization			

OVERALL IMPRESSION			
	The judging panel's overall impression of the entire performance encompassing all category areas and including energy, genuine enthusiasm, showmanship, and eye contact. Facial expression will not be considered when scoring this category and teams that wear masks while performing will not be penalized.		
	*Overall Impression will include and take into consideration appropriate athletic impression throughout the routine.		

2021 - 2022 ALL STAR PREP SCORING SYSTEM - EXECUTION

EXECUTION - STUNT/PYRAMID & STANDING/RUNNING TUMBLING

Athletes are expected to demonstrate excellent technique when performing each skill. A team's execution will be determined by all athletes performing the skill.

- Scores will start at a 4.0 and may be reduced by .1, .2 or .3 based on the lack of technical execution of each driver
- .1 Minor technique issues by the team, not just 1 athlete in Tumbling or 1 athlete in Stunts/Pyramid
 - .2 Multiple technique issues by the team

4.0

- .3 Widespread technique issues by the team
- No more than .3 will be taken off for a single driver.
- Stylistic differences will not factor into a teams' Execution score.

STUNT/PYRAMID DRIVERS Each driver may include, but is not limited to, the below examples:		
Top Person	 Body control Uniform flexibility Motion placement Legs straight/locked and toes pointed 	
Bases/Spotters	 Stability of the stunt Solid stance Positioned shoulder width apart Feet stationary 	
Transitions	Entries Dismounts Speed/control/flow from skill to skill	
Synchronization*	• Timing	

*Teams that do not perform at least 1 level appropriate skill/transition by 2 or more groups in Stunts and Pyramids will automatically receive .3 off for Synchronization.

,	STANDING/RUNNING TUMBLING DRIVERS Each driver may include, but is not limited to, the below examples:		
Approach	 Arm placement into a pass/skill Swing/prep Chest placement Flow from skill to skill in a pass Connection of pass/skills 		
Body Control	 Head placement Arm/shoulder placement in skills Hips Leg placement in skills Pointed toes 		
Landings	 Controlled Legs/feet together Chest placement Finished pass/skill Incomplete twisting skills 		
Synchronization*	• Timing		

*Teams that do not perform at least 1 level appropriate pass synchronized in a group will automatically receive .3 off for Synchronization.

EXECUTION - JUMPS

Athletes are expected to demonstrate excellent technique when performing each skill. A team's execution will be determined by all athletes performing the skill.

- Scores will start at a 2.0 and may be reduced by .1, .2 or .3 based on the lack of technical execution of each driver
- .1 Minor technique issues by the team, not just 1 athlete in Jumps
- .2 Multiple technique issues by the team
 .3 Widespread technique issues by the team
 No more than .3 will be taken off for a single driver.
- Stylistic differences will not factor into a teams' Execution score.

JUMP DRIVERS

2.0

Each driver may include, but is not limited to, the below examples:

Arm Placement	 Approach Consistent entry Swing/prep Arm position within jump(s)
Leg Placement	 Straight legs Pointed toes Hip placement/rotation Hyperextension Height Legs/feet together Chest placement Landings
Synchronization	• Timing

2021 - 2022 ALL STAR PREP SCORING SYSTEM - STUNTS

LEVEL 1

			LEVEL 1		
	INVERSION STYLE	RELEASE STYLE	TWISTING	DISMOUNT STYLE	OTHER STUNTS
LEVEL APPROPRIATE ELITE LEVEL APPROPRIATE	INVERSION TO GROUND LEVEL	 SWITCH UP TO LIB BELOW PREP LEVEL SWITCH UP TO BODY POSITION BELOW PREP LEVEL TIC TOC BELOW PREP LEVEL (LIB TO LIB) TIC TOC BELOW PREP LEVEL (LIB TO BODY POSITION) 	 ½ TWISTING TRANSITION TO BELOW PREP LEVEL ½ DOWN TO GROUND LEVEL ½ TWISTING TRANSITION FROM PREP LEVEL 	• STEP DOWN • STRAIGHT CRADLE	BACK STAND PREP LEVEL SHOW & GO STRADDLE SIT FLAT BACK EXTENDED STRADDLE SIT ELW PREP LEVEL 1 LEG STUNT EXTENDED FLAT BACK PREP LEVEL 1 LEG STUNT WITH BRACER PREP LEVEL TO PRONE 1 LEG STUNT BELOW PREP LEVEL SHOULDER SIT CHAR SHOULDER STAND COMBINATION OF TWO OR MORE LEVEL APPROPRIATE SKILLS PERFORMED SIMULTANEOUSLY TRANSITION FROM BELOW PREP LEVEL TO PREP LEVEL BODY POSITION STUNT WITH BRACER
		TIC TOC BELOW PREP LEVEL (BODY POSITION TO BODY POSITION) PREP LEVEL TIC TOC (BODY POSITION TO BODY POSITION) WITH BRACER	• % TWISTING TRANSITION TO PREP		X TWISTING TRANSITION TO PREP LEVEL 1 LEG STUNT WITH BRACER
	LEVEL 2				
	INVERSION STYLE	RELEASE STYLE	TWISTING	DISMOUNT STYLE	OTHER STUNTS
LEVEL APPROPRIATE	 INVERSION FROM GROUND LEVEL TO BELOW PREP LEVEL INVERSION FROM GROUND LEVEL TO PREP LEVEL 	SWITCH UP TO LIB PREP LEVEL TIC TOC PREP LEVEL (LIB TO LIB) TIC TOC PREP LEVEL (LIB TO BODY POSITION)	 ½ TWISTING TRANSITION TO BELOW PREP LEVEL ½ TWISTING TRANSITION TO PREP LEVEL ¼ TWISTING TRANSITION TO PREP LEVEL 1 LEG STUNT ½ TWISTING TRANSITION TO PREP LEVEL BODY POSITION ¼ TWISTING TRANSITION TO EXTENDED STUNT 	STRAIGHT CRADLE FROM EXTENSION STRAIGHT CRADLE FROM PREP LEVEL BODY POSITION ¼ TWISTING DISMOUNT FROM PREP OR EXTENSION	PREP LEVEL 1 LEG STUNT EXTENSION BARREL ROLL LEAP FROG VARIATIONS ½ TWIST TO PRONE WALK IN PREP LEVEL PRESS EXTENSION COMBINATION OF TWO OR MORE LEVEL APPROPRIATE SKILLS PERFORMED SIMULTANEOUSLY
ELITE LEVEL APPROPRIATE	INVERSION FROM GROUND LEVEL TO EXTENDED STUNT	TIC TOC PREP LEVEL (BODY POSITION TO BODY POSITION)	• ½ TWISTING TRANSITION TO EXTENDED STUNT		
	LEVEL 3				
	INVERSION STYLE	RELEASE STYLE	TWISTING	DISMOUNT STYLE	OTHER STUNTS
LEVEL APPROPRIATE	INVERTED BELOW PREP LEVEL INVERTED AT PREP LEVEL DOWNWARD INVERSION EROM BELOW PREP	RELEASE TO PREP LEVEL OR BELOW SWITCH UP TO PREP LEVEL LIB BALL UP, STRADDLE UP AND/OR RELEASE TO PREP LEVEL LIB TIC TOC BELOW PREP LEVEL TO BELOW PREP	FULL UP BELOW PREP LEVEL FULL UP PREP LEVEL STUNT ¼ TWISTING TRANSITION TO EXTENDED 1 LEG STUNT	STRAIGHT CRADLE FROM EXTENDED 1 LEG STUNT FULL DOWN FROM PREP	FULL TWIST TO PRONE FROM PREP LEVEL EXTENDED 1 LEG STUNT SUSPECIALTY SUSPENDED FRONT FLIP SPECIALTY SUSPENDED FRONT FLIP (NON-TWISTING) SUSPENDED TWISTING FRONT FLIP TOSS HANDS

APPROPRIATE	INVERTED BELOW PREP LEVEL INVERTED AT PREP LEVEL DOWNWARD INVERSION FROM BELOW PREP LEVEL	BALL OF STRADULE OF AND/OR RELEASE TO PREP LEVEL LIB TIC TOC BELOW PREP LEVEL TO BELOW PREP LEVEL (LIB TO LIB) TIC TOC BELOW PREP LEVEL TO PREP LEVEL (LIB TO LIB)	STUNT • FULL UP TO PREP LEVEL 1 LEG STUNT • PREP LEVEL FULL TWISTING TRANSITION TO PREP	 FULL DOWN FROM PREP ¼ TWISTING DISMOUNT FROM EXTENDED 1 LEG FULL DOWN FROM EXTENSION SINGLE SKILL CRADLE FROM 2 LEG STUNT (NON-TWISTING) 	SUSPENDED TWISTING FRONT FLIP TOSS HANDS SINGLE BASED 1 LEG EXTENDED STUNTS TOSS HANDS PAUSE PRESS EXTENSION WALK IN EXTENSION COMBINATION OF TWO OR MORE LEVEL APPROPRIATE SKILLS PERFORMED SIMULTANEOUSLY	
ELITE LEVEL APPROPRIATE	INVERSION TO EXTENDED 1 LEG STUNT	TIC TOC PREP LEVEL LIB TO EXTENDED BODY POSITION BALL UP OR STRADDLE UP TO PREP LEVEL BODY POSITION SWITCH UP TO PREP LEVEL BODY POSITION RELEASE TO PREP LEVEL BODY POSITION	FULL UP TO PREP LEVEL BODY POSITION ½ TWISTING TRANSITION TO EXTENDED 1 LEG STUNT PREP LEVEL FULL TWISTING TRANSITION TO PREP LEVEL BODY POSITION		 ½ TWISTING INVERSION TO EXTENDED 1 LEG STUNT FULL TWISTING TIC TOC AT PREP LEVEL (LIB TO BODY POSITION) 	

2021 - 2022 ALL STAR PREP SCORING SYSTEM - TUMBLING

9.1.21

LEVEL 1

STANDING TUMBLING SKILLS	RUNNING TUMBLING SKILLS			
FORWARD ROLL • STRADDLE ROLL • HANDSTAND • HANDSTAND FORWARD ROLL • FRONT LIMBER FRONT WALK OVER • CARTWHEEL • BACKWARD ROLL BACK EXTENSION ROLL • PUSH UP TO BACKBEND • STANDING BACKBEND BACKBEND KICK OVER • BACK WALKOVER	CARTWHEEL • FRONT WALKOVER • ROUND OFF • CARTWHEEL BACK WALKOVER FRONT WALKOVER TO CARTWHEEL/ROUND OFF CARTWHEEL 1/2 TURN FRONT WALKOVER • CONNECTED SKILLS -CARTWHEEL/BACK WALKOVER			

LEVEL 2

STANDING TUMBLING SKILLS	RUNNING TUMBLING SKILLS
STANDING BACK HANDSPRING • BACK HANDSPRING STEP OUT	CARTWHEEL BHS • ROUND OFF BHS • ROUND OFF BHS STEP OUT
BACK EXTENSION ROLL BACK HANDSPRING • BACK WALKOVER BACK HANDSPRING	ROUND OFF BHS SERIES • FRONT WALKOVER TO ROUND OFF BHS SERIES

LEVEL 3

STANDING TUMBLING SKILLS	RUNNING TUMBLING SKILLS
BHS SERIES • JUMP TO BHS • JUMP TO BHS SERIES BHS SERIES JUMP BHS SERIES • BHS STEP OUT BHS COMBO	AERIALS • PUNCH FRONT • ROUND OFF TUCK • ROUND OFF BHS BACK TUCK ROUND OFF BHS SERIES TO BACK TUCK • FRONT WALKOVER TO ROUND OFF BHS BACK TUCK FRONT WALKOVER TO ROUND OFF BHS SERIES BACK TUCK

NOVICE

2021 - 2022 NOVICE SCORING SYSTEM

EXECUTION - JUMPS

EXECUTION - STUNT/PYRAMID

Entries

• Timing

• Dismounts

Speed/control/flow from skill to skill

Transitions

Synchronization*

 Athletes are expected to demonstrate excellent technique when performing each skill. A team's execution will be determined by all athletes performing the skill. Scores will start at a 4.0 and may be reduced by .1, .2 or .3 based on the lack of technical execution of each driver .1 - Minor technique issues by the team, not just 1 athlete in Tumbling or 1 athlete in Stunts/Pyramid .2 - Multiple technique issues by the team .3 - Widespread technique issues by the team No more than .3 will be taken off for a single driver. Stylistic differences will not factor into a teams' Execution score. 				
STUNT/PYRAMID DRIVERS Each driver may include, but is not limited to, the below examples:				
Top Person • Body control • Uniform flexibility • Motion placement • Legs straight/locked and toes pointed • Control				
Bases/Spotters	 Stability of the stunt Solid stance Positioned shoulder width apart Feet stationary 			

F	2.0	 Athletes are expected to demonstrate excellent technique when performing each skill. A team's execution will be determined by all athletes performing the skill. Scores will start at a 2.0 and may be reduced by .1, .2 or .3 based on the lack of technical execution of each driver .1 - Minor technique issues by the team, not just 1 athlete in Jumps or 1 athlete in Tosses .2 - Multiple technique issues by the team .3 - Widespread technique issues by the team No more than .3 will be taken off for a single driver. Stylistic differences will not factor into a teams' Execution score. 		
	JUMP DRIVERS Each driver may include, but is not limited to, the below examples:			
	Arm Placement	 Approach Consistent entry Swing/prep Arm position within jump(s) 		
	Leg Placement + Straight legs • Pointed toes • Hip placement/rotation • Hyperextension • Height • Legs/feet together • Chest placement • Landings			
	Synchronization	• Timing		

*Teams that do not perform at least 1 level appropriate skill/transition by 2 or more groups in Stunts and Pyramids will automatically receive .3 off for Synchronization.

A team's ability to demonstrate the following throughout the routine: 1.0 - 2.0 Precise spacing • Formations • Transitions					
	This also includes innovative, visual and intricate ideas, as well as, any additional skills performed to enhance the overall appeal.				
NCE					
		DIFFICULTY:			
1.0 - 2.0	A team's ability to demonstrate a high level of energy a	Not Visual elements • Variety of levels • Forma	Visual elements • Variety of levels • Formation changes • Footwork • Floorwork • Partner work • Pace		
110 210	entertainment value which may incorporate:	EXECUTION:			
		Technique • Perfection • Motion Strength/	Placement • Synchronization		
VERALL IMPRE	ESSION				
1.0 - 2.0	The judging panel's overall impression of the entire performance encompassing all category areas and including energy, genuine enthusiasm, showmanship, and eye contact. Facial expression will not be considered when scoring this category and teams that wear masks while performing will not be penalized.				
	*Overall Impression will include and take into consideration appropriate athletic impression throughout the routine.				
TING SYSTEM					
	SUPERIOR: 16 - 14.2 EXCELLENT: 14.1 - 12.4 Outstanding: 12.3 - Below SUPERIOR: 88.7% - 100% Excellent: 77.5% - 88.6% Outstanding: 77.4% - Below				

2021 - 2022 TINY NOVICE SCORING SYSTEM

EXECUTION - JUMPS				
2.0	 Athletes are expected to demonstrate excellent technique when performing each skill. A team's execution will be determined by all athletes performing the skill. Scores will start at a 2.0 and may be reduced by .1, .2 or .3 based on the lack of technical execution of each driver .1 - Minor technique issues by the team, not just 1 athlete in Jumps or 1 athlete in Tosses .2 - Multiple technique issues by the team .3 - Widespread technique issues by the team No more than .3 will be taken off for a single driver. Stylistic differences will not factor into a teams' Execution score. 			

Arm Placement • Approach • Consistent entry • Swing/prep • Arm position within jump(s)	
Leg Placement • Straight legs • Pointed toes • Pointed toes • Hip placement/rotation • Hyperextension • Height • Legs/feet together • Chest placement • Landings	
Synchronization • Timing	

ROUTINE COMPOSITION		
	A team's ability to demonstrate the following throughout the routine:	
1.0 - 2.0	Precise spacing • Formations • Transitions	
	This also includes innovative, visual and intricate ideas, as well as, any additional skills performed to enhance the overall appeal.	

DANCE				
1.0 - 2.0		DIFFICULTY: Visual elements • Variety of levels • Formation changes • Footwork • Floorwork • Partner work • Pace		
1.0 - 2.0	entertainment value which may incorporate:	EXECUTION:		
		Technique • Perfection • Motion Strength/Placement • Synchronization		

OVERALL IMPRESSION				
	1.0 - 2.0	The judging panel's overall impression of the entire performance encompassing all category areas and including energy, genuine enthusiasm, showmanship, and eye contact. Facial expression will not be considered when scoring this category and teams that wear masks while performing will not be penalized.		
		*Overall Impression will include and take into consideration appropriate athletic impression throughout the routine.		

RATING SYSTEM				
SUPERIOR: 8 - 7	EXCELLENT: 6.9 - 6	OUTSTANDING: 5.9 - Below		
SUPERIOR: 87.5% - 100%	EXCELLENT: 75% - 87.4%	OUTSTANDING: 74.9% - BELOW		