



## 2022–2023 SCHOOL CHEER DIVISIONS



### JUNIOR HIGH / JUNIOR VARSITY DIVISIONS:

2022 - 2023 Season: All members of the cheerleading squad must be current members of the official school spirit squad.

- Junior Varsity Divisions WILL be allowed 7th grade participants if they attend a school that is under the administrative supervision of the same school board as the high school that they are representing. Teams will only be allowed to compete in the Junior Varsity Division if they are the official Junior Varsity team. If there is only one team from that school, that team will be required to compete in the Varsity divisions. If you have team members that cheer varsity sports, you must compete as a varsity team.
- Junior High Divisions WILL be allowed 9th grade participants if (1) they attend a school that is under the administrative supervision of the same school board as the junior high school that they are representing AND (2) a minority of the team are 9th graders.
- Junior High teams with a majority of 9th grade participants must compete as a Junior Varsity team.

JUNIOR HIGH/JUNIOR VARSITY DIVISIONS				
DIVISION	GRADE	GENDER	TEAM MEMBERS	NOTES
SMALL JUNIOR HIGH	9TH GRADE AND BELOW	F/M	5-16 MEMBERS	
LARGE JUNIOR HIGH	9TH GRADE AND BELOW	F/M	17-30 MEMBERS	
SMALL JUNIOR VARSITY	7TH - 12TH GRADE	F	5-16 MEMBERS	OFFICIAL JV TEAM OR A JH TEAM WITH A MAJORITY OF 9TH GRADE TEAM MEMBERS.
LARGE JUNIOR VARSITY	7TH - 12TH GRADE	F	17-30 MEMBERS	OFFICIAL JV TEAM OR A JH TEAM WITH A MAJORITY OF 9TH GRADE TEAM MEMBERS.
JUNIOR VARSITY COED	7TH - 12TH GRADE	F/1+M	5-30 MEMBERS	OFFICIAL JV TEAM OR A JH TEAM WITH A MAJORITY OF 9TH GRADE TEAM MEMBERS. 1 OR MORE MALES.

## VARSITY DIVISIONS:

2022 - 2023 Season: All members of the cheerleading squad must be current members of the official school spirit squad.

- 7th grade and below participants will NOT be allowed on a Varsity team; however, 8th grade participants will be allowed to participate on a Varsity team if the school they attend is under the direct administrative supervision of the same school board as the Varsity team they are representing. If there is only one team from a school, that team will be required to compete in the Varsity divisions.

VARSITY DIVISIONS				
DIVISION	GRADE	GENDER	TEAM MEMBERS	NOTES
SMALL VARSITY	8TH - 12TH GRADE	F	5-15 MEMBERS	
MEDIUM VARSITY	8TH - 12TH GRADE	F	16-19 MEMBERS	
LARGE VARSITY	8TH - 12TH GRADE	F	20-23 MEMBERS	
SUPER VARSITY	8TH - 12TH GRADE	F	24-30 MEMBERS	
SMALL VARSITY COED	8TH - 12TH GRADE	F/1-4M	5-20 MEMBERS	ONLY 1 - 4 MALES ALLOWED
MEDIUM VARSITY COED	8TH - 12TH GRADE	F/4-7M	21-25 MEMBERS	ONLY 5-7 MALES ALLOWED
LARGE VARSITY COED	8TH - 12TH GRADE	F/8+M	21-30 MEMBERS	8 OR MORE MALES ALLOWED

## NON BUILDING DIVISIONS:

Non Building Divisions: No partner stunts, pyramids or tosses allowed.

NON BUILDING DIVISIONS			
DIVISION	GRADE	GENDER	TEAM MEMBERS
JUNIOR NON BUILDING	JH OR JV	F/M	5-30 MEMBERS
SMALL VARSITY NON BUILDING	8TH - 12TH GRADE	F/M	5-15 MEMBERS
LARGE VARSITY NON BUILDING	8TH - 12TH GRADE	F/M	16-30 MEMBERS

## NON TUMBLING DIVISIONS:

Non Tumbling Divisions will prohibit any and all tumbling with feet over head rotation i.e. rolls and walkovers not allowed. Legal inversions into or from stunts will not be considered tumbling and are allowed in this division. Exception: a back handspring entry into stunts / pyramids will not be allowed.

NON TUMBLING DIVISIONS				
DIVISION	GRADE	GENDER	TEAM MEMBERS	NOTES
JR HIGH NON TUMBLING	9TH GRADE & BELOW	F/M	5-30 MEMBERS	
JV NON TUMBLING	7TH - 12TH GRADE	F/M	5-30 MEMBERS	
SMALL VARSITY NON TUMBLING	8TH - 12TH GRADE	F	5-15 MEMBERS	
MED VARSITY NON TUMBLING	8TH - 12TH GRADE	F	16-19 MEMBERS	
LARGE VARSITY NON TUMBLING	8TH - 12TH GRADE	F	20-23 MEMBERS	
SUPER VARSITY NON TUMBLING	8TH - 12TH GRADE	F	24-30 MEMBERS	
SM VARSITY COED NON TUMBLING	8TH - 12TH GRADE	F/1-2M	5-16 MEMBERS	1-2 MALES ALLOWED
LG VARSITY COED NON TUMBLING	8TH - 12TH GRADE	F/1-4M	17-30 MEMBERS	1-4 MALES ALLOWED